

**2024**

# **2024 Saskatchewan Cyclocross Provincial Championships Tech Guide (**Sept 26, 2024**)**

Goose Hill Park (Science Centre) – Sunday Oct 6, 2024

Regina, SK

Hosted by: Regina Cycle Club (RCC)

Proudly supported by:



## **2024 Saskatchewan Provincial Cyclocross Championships:**

Goose Hill Park (Saskatchewan Science Centre) – Sunday October 6<sup>th</sup>, 2024

### **RCC Cyclocross Social Media**

Website - [Cyclocross – Regina Cycle Club](#)

Facebook - [Regina Cycle Club | Facebook](#)

### **Location: Saskatchewan Science Centre, Regina**

Rider check-in and the start/finish area will be in the green space west of the Saskatchewan Science Centre

### **Parking:**

Parking is available in the parking lots north and south/west of the Science Centre.

### **Registration:**

**Online Registration:** \$35 (long-race) or \$25 (short-race).

Registration closes on Friday, October 4, 2024, at midnight.

There will be **no day of registration**, so be sure to sign up in advance.

Sign up here: 2024 Sask Provincial Cyclocross Championships | CCN (ccnbikes.com)

### **For insurance purposes, all riders must also have a Saskatchewan Cycling Association (SCA) membership AND one of the following:**

- UCI Race License, or,
- SCA Provincial Race License

These are sold separately through the SCA website <http://saskcycling.ca/>

Riders are expected to know and understand the UCI and SCA Cyclocross regulations.

SCA insurance covers the Wascana Centre, Government of Saskatchewan, and SCA membership riders

### **Race Day Check-In, Pre-Ride, and Race Times:**

#### **Sunday, October 6<sup>th</sup> – SK Cyclocross Provincials**

Race Check-in 10:00 - 10:30AM

Course Available for Pre-Ride 10:00AM

#### **Short race start – 11:00AM**

Note: The course will re-open for one pre-ride lap at the end of the short race.

If there are 5 or fewer participant in the short race, the short and long races will be combined at will start at 12:00PM.

#### **Long race start – 12:00PM**

BBQ and snacks – 1:00PM

Awards - 1:30PM

Course Take Down – 2:00PM

\*\*Event organizers thank everyone in advance for helping take down the course.

### **Race Categories:**

- Long Race - 50 minutes: (Cat 1 - 4 Men, Cat 3 Women)
- Short Race - 35 minutes (Cat 5 Men, Cat 4-5 Women, Cat 6 Men and Women)

Racers will compete in the cyclocross category on their race license.

### **The Course:**

The course is likely to contain a combination of twisty technical, off-camber sections, loose dirt sections, artificial barriers, and long / fast sections to test your skill and fitness

Courses are marked by flags, and tape (in select areas). Riders are encouraged to come early to warm-up on the course prior to the ride start. A map of the approximate course is outlined in Appendix A.

The park remains open to the public and riders must always remain aware of their surroundings and ensure they ride safely around other public activities occurring within the park.

### **Mechanical / Feed Zone:**

We will be setting this zone up approximately 15 minutes before the start of the race. Feeding (handing bottles to riders during the race) is allowed ONLY if the Chief of Commissaries so declares. The bike/wheel pit will be at the halfway point of the course so that we can have double entry.

### **Number Placement:**

Please bring your race license, and road racing body numbers. If you do not have body numbers, the SCA will provide those for you on race day. Position both numbers on the right side of jersey (as per the illustration). Do not fold or overlap numbers.



### **Permitted Bikes**

- Cross bikes, gravel bikes, and mountain bikes are permitted bikes for this course.
- All bikes must be entirely human powered (**No electrical assist / e-bikes permitted**)

### **Awards & Draw Prizes:**

The SCA will award a provincial champion jersey to the top male and female rider in the long race. Note: Riders in the short race are not eligible for the provincial championship jersey.

Additional awards may be presented by the race organizer at their discretion.

Awards will take place as soon as results are tabulated and after the last racer has completed the course.

### **Race cancellation / refunds**

- The race adheres to SCA's **weather policy** [Weather-Policy-POL-0142022.pdf \(saskcycling.ca\)](#).
- Race organizers reserve the right to cancel any ride should organizers deem the weather conditions to be unfavorable at the start or during the race.
- In the event of cancellation due to weather, riders will be **refunded 50%** of their race registration fees (excluding SCA membership and race license fees).
- There will be no refunds due to circumstances apart from weather-related cancellations.

### **Courtesy Notes for the Park Venue:**

- Please respect the park by the washrooms located in the park.
- Don't litter. Garbage containers are conveniently placed around the park.
- At all times, please respect your fellow riders, race commissaries, volunteers, and the public. While we have permission to ride the cyclocross course in the park, please remember the park remains open to the public. Riders are expected to observe park rules and always respect other park users.

### **Emergency Action Plan**

- The race adheres to SCA's Medical Support Policy [Medical Support Policy - POL-004\(2022\).docx \(saskcycling.ca\)](#)
- An independent Emergency Response Plan (EAP) Coordinator will be on site during races.
- In the event of an emergency the EAP Coordinator will coordinate the emergency response and contact 911 should they feel circumstances require this.
- The course is located within approximately 5 min of Police / Fire / EMS / Hospital services.
- The course is easily accessible from multiple directions within the park.

**Race Organizer:** Llewellyn Poidevin – RCC VP Cyclocross ([cyclocross@reginacycle.ca](mailto:cyclocross@reginacycle.ca))

RCC Cyclocross Committee: Megan Florizone, Alyssa Shaver, Janelle Lubkiwski, Brittany Ziegler, Marc Quinnett, Rick Vircavs, and Bill Kinash.

### **Thank-you**

- To the Saskatchewan Cycling Association & Sask Sport.
- Special thank you to our awesome local race sponsors Western Cycle and Dutch Cycle. Support your local bike shops!!
- Finally, to all the volunteers who donate their time, energy and items for the race.

## Appendix A: 2024 Provincial Course

**Note:** Course layout visual is approximate and may be subject to minor changes.

